

DOUGLAS ACRES NEIGHBORHOOD ASSOCIATION (DANA)

www.DouglasAcres.org

Established April 21, 1997

Incorporated January 9, 2008

DANA Update

The Newsletter of the Douglas Acres Association

July 2010

Volume 15, Issue 3

Richard Schulze, Editor, schulstang@aol.com

The Douglas Acres Neighborhood Association (DANA) exists to preserve the quality of the Douglas Acres Neighborhood, promote the area as desirable for family living, foster neighborhood fellowship, and serve as a vehicle by which problems are resolved and neighborhood goals are achieved.

UPCOMING MEETINGS AND EVENTS

NEXT MEMBERS MEETING

Tuesday July 13, 2010 7:00 pm

Sargent Park East Side Shelter

Ice Cream Social

Please bring a dessert item to share
and lawn chairs for seating

DANA will provide ice cream, toppings, and drinks
Come and join in the fun

- ❖ July 12, 2010, 7:00 pm, DANA board of directors meeting, Hy-Vee Store, 2540 E Euclid Ave, upstairs conference room
- ❖ **July 13, 2010, 7:00 pm, DANA members general meeting and Ice Cream Social Sargent Park**
- ❖ August 3, 2010, Join with your neighbors as we celebrate National Night Out at the new "Hy-Vee East Side Center" located directly behind the Hy-Vee Grocery Store on E. Euclid. Time will be announced. Come for dinner and stay and meet and greet your fellow neighbors. Watch for announcements about this event or contact a board member. Thank you Hy-Vee for making this event possible.
- ❖ Aug. 9, 2010, 7:00 pm, DANA board of directors meeting, Hy-Vee Store, 2540 E Euclid Ave, upstairs conference room
- ❖ Sept. 13, 2010, 7:00 pm, DANA board of directors meeting, Hy-Vee Store, 2540 E Euclid Ave, upstairs conference room
- ❖ **Sept. 14, 2010, 7:00 pm, DANA members general meeting, Staves Church**
- ❖ Oct. 11, 2010, 7:00 pm, DANA board of directors meeting, Hy-Vee Store, 2540 E Euclid Ave, upstairs conference room

NEWSLETTER INFORMATION

This newsletter is available via email. You can subscribe to the email edition and save us some money by emailing your name, street address, and email address to:

schulstang@aol.com

Please type "DANA email" in the subject line.

The next issue of DANA Update will be published in November 2010.

DANA BOARD OF DIRECTORS

President	Linda Westergaard	988-4288
Vice President	Joe Youngwirth	266-2569
Secretary	Dawn Stangl	265-7771
Treasurer	Phyllis Kellogg	262-5132
Directors	Tony Short	266-8995
	Betty Short	266-8995
	Margaret Heger	266-4181
	Jim Grove	250-9359
	Richard Schulze	265-7771

The terms of all board members expire
on January 11, 2011

Webmaster
E-mail

Dennis Dyer
Webmaster@DouglasAcres.org

DANA Website

www.DouglasAcres.org



YARD OF THE WEEK

Do you know of a yard that looks especially nice and well cared for? Nominate it for the DANA Yard of the Week award by calling Joe Youngwirth at **266-2569**. He will place our Yard of the Week sign in the yard, and the resident will receive a certificate. We will also post a picture of the yard in the East Euclid Hy-Vee store and on our website.

GOOD NEIGHBOR AWARD

If you know of someone in the Douglas Acres neighborhood who goes out of his or her way to be a good neighbor by mowing a neighbor's yard, shoveling snow, trimming trees, providing transportation, etc, please nominate that person for the DANA Good Neighbor Award by calling Betty Short at **266-8995**. DANA will present that person with a certificate of appreciation.

WALKING CLUB CANCELLED

Due to a lack of numbers, the Saturday morning walking club at Sargent Park is cancelled.

ICE CREAM SOCIAL IN JULY

Join us for our annual Douglas Acres Neighborhood Association ice cream social on Tuesday July 13 at 7:00 pm. The social will be held at Sargent Park 3530 E. Douglas Ave. Ice cream and beverages will be provided. Neighbors are asked to bring a dessert to share. Please bring your own lawn chair.

ADAMS SCHOOL IS SOLD

On April 20, the Des Moines School Board approved the sale of the Adams School located at 3720 E 29th Street to Fairmount Education of Iowa for a sale price of \$195,000. All seven school board members voted in favor of the sale. The minutes of the April 20 meeting can be viewed at:

<http://www.dmps.k12.ia.us/schoolboard/3-appmin/3-100420appmin.pdf>

NEIGHBORHOOD PLAN NEWS

The final version of the neighborhood plan was presented to the DANA board of directors at its meeting on May 10, 2010. The plan is available for inspection on the DANA website, www.douglasacres.org. If you would like to receive a printed copy, please contact DANA President Linda Westergaard or board member Richard Schulze. Their phone numbers are listed on page 1 of this newsletter.

DANA RECEIVES COUNTY GRANT

Douglas Acres Neighborhood Association received a community betterment grant award of \$4,000 from the Polk County Board of Supervisors on April 6, 2010. This money will be used to publish this newsletter, to pay for our website, and to pay for other educational activities undertaken by DANA during the next year. Without this money, DANA would have to depend solely on contributions by its members. We thank the Polk County Board of Supervisors, and particularly Supervisor Tom Hockensmith, for giving us this award.

DANA ON FACEBOOK

Become a fan of Douglas Acres Neighborhood Association on Facebook. It is easy, just search for Douglas Acres Neighborhood Association. Become a fan and leave a comment.

SCRUB DAYS REMAINING IN 2010

July 17
August 21
September 18
October 16
November 20

LYME DISEASE

Along with the nice weather and warmer temperatures, June and July bring an increased risk for Lyme Disease. Lyme disease is spread by infected deer (or blacklegged) ticks. Anyone who spends a lot of time outside, particularly in tick-infested areas, such as wooded areas, is at risk to catch Lyme disease. Some people become ill after crushing a tick with their hands because its body fluids get into cuts or scratches in the skin. Lyme disease can not be spread from person to person.

All ticks are not the same. If you are bit by a deer tick keep close watch of the bite site, as most people who are infected with Lyme disease develop a circular rash at the site of the bite that can gradually expand over a period of several days. Other typical symptoms of include fever, headache, and fatigue. If left untreated, infection can spread to joints, the heart, and the nervous system. Most cases of Lyme disease can be treated successfully with a few weeks of antibiotics, so see your health care provider if you have been bitten by a tick and are experiencing any of these symptoms.

While many ticks are just a nuisance, others, such as the deer tick, need to be found and removed from skin and clothing promptly because the bite of an infected deer tick can cause Lyme disease in humans and pets. These ticks have black legs, head, and upper back, which is different than the common ticks that are entirely brown colored.

Pets that spend time outdoors can also carry ticks indoors so use a tick prevention medication from your veterinarian to help protect them from Lyme disease.

You can avoid getting disease like Lyme disease by following these simple steps:

- Wear light colored, long-sleeved shirts and long pants whenever you are outdoors for long periods of time.
- Use insect repellents containing DEET or permethrin. Products containing up to 30% DEET have been shown to be the most effective and are safe for adults, including pregnant women and children over 2 months of age. DEET should be applied sparingly only to exposed skin and should not be used underneath clothing.
- Reduce ticks around your home by removing leaves, brush and woodpiles.
- After spending time outdoors check your body, clothing, children, and pets for ticks and remove promptly using fine-point tweezers. Grasp tick at entry point, as close to the skin as possible and gently pull straight out. Disinfect tweezers, hands and the bite.

REQUEST FOR DUES

This is a friendly request for contributions to DANA in the form of dues. Payment is a voluntary contribution, and all contributions support the activities of DANA. Please fill out this form and return it with your payment. We suggest a contribution of \$5.00 for individuals and \$10.00 for businesses, but contributions of any amount are accepted and are greatly appreciated. Please note that contributions are not tax-deductible.

- Yes, I/We value the neighborhood and want to contribute to DANA**
- \$5 Individual \$10 Business
- Other Amount \$ _____

Name(s): _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Send the DANA newsletter to me by:
(please choose one)

- Email (please provide an email address in the space above)
- Postal mail
- Send Information on Business Advertisements
- I am interested in helping:
 - Board of Directors
 - Other: _____

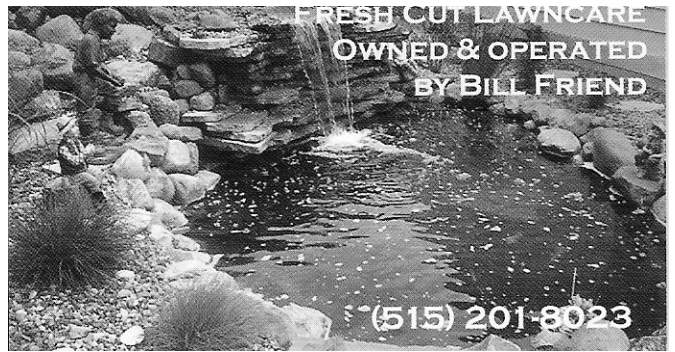
Please make your check payable to DANA. Bring this form and your contribution to the next DANA meeting or mail them to

Phyllis Kellogg
2920 E Douglas Ave
Des Moines, IA 50317
(515) 262-5132

ADVERTISEMENTS IN THIS NEWSLETTER

A business member may receive one free advertisement in this newsletter and on the DANA website in return for a payment of \$10. Other ads can be placed in a newsletter and on the website for \$5.00. Please contact the Treasurer, Phyllis Kellogg, for more information.

Please support our advertisers



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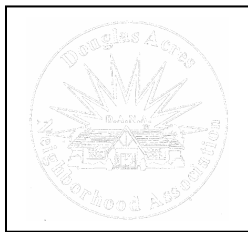
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**Douglas Acres Neighborhood
Association**

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**Douglas Acres
Neighborhood Association
General Meeting of Members
Tuesday
July 13, 2010
7:00 pm
Ice Cream Social
Sargent Park**